



## Culture and Person-Centered Practice Video Series

### Culture in Person Centered Planning

#### Introduction

NCAPPS made a video series called [Culture and Person-Centered Practices](#). The videos are posted on the NCAPPS YouTube channel. In these short videos, people tell their stories about what culture and person-centered practices mean to them. This is a summary of their stories.

#### Deanna Yadollahi

Deanna is a disability activist. Deanna says that person-centered planning means dropping everything that you know about how to serve people. It means letting the person guide how they are served. It is important to embrace diversity and celebrate other cultures. Deanna explains that her mom is Mexican, and her dad is Iranian. They talk about “code switching.” This means changing things like how they dress or talk depending on which family members they are with. Deanna says it is important to know how to dress when you are meeting with families.